

To Sign Up:

Name: _____

Address: _____

Phone: _____

Email: _____

Elementary Academy

Hitting Oct. 23 Nov. 6 **Nov. 13** Nov. 20

1 pm

2 pm

3pm

Pitching Oct. 23 Nov. 6 **Nov. 13** Nov. 20

1 pm

2 pm

3pm

Catching Oct. 23 Nov. 6 **Nov. 13** Nov. 20

1 pm

2 pm

Secondary Academy

Hitting Nov. 27 Dec. 4 Dec. 11 Dec. 18

1 pm

2 pm

3pm

Pitching Nov. 27 Dec. 4 Dec. 11 Dec. 18

1 pm

2 pm

3pm

Catching Nov. 27 Dec. 4 Dec. 11 Dec. 18

1 pm

2 pm

Number of hitting sessions _____ x \$20 = _____

Number of Pitching sessions _____ x \$20 = _____

Number of Catching sessions _____ x \$20= _____

Minus 4 Week Discount \$10 _____

Total Cost \$ _____

Missouri Southern State University
c/o Softball Office
3950 East Newman Rd
Joplin, Missouri 64801

Missouri Southern Softball Academy 2011



Elementary Academy

Oct. 23, Nov. 6, 13,

20

1-4 pm

Secondary Academy

Nov. 27, Dec. 4, 11,

18

1-4 pm

Softball Academy: What it means

The Missouri Southern State University Softball Academy will give student-athletes the opportunity to develop their hitting, pitching or new this year catching skills in a cost effective manner.. Players will receive instruction on the skill of power hitting and bunting The Hitting instruction will be led by Missouri Southern State University head coach, Bill Gray.. Pitchers will be instructed in leg drive, arm speed, wrist snap and total pitch development. Pitching instruction will be led by MSSU coach David Wright . Catchers will be instructed on framing, blocking and throwing skills. Instruction will be led by members of the MSSU softball team.

WINTER CAMP

MSSU's Winter Camp will be January 14, 2011. Hitting will be in the morning from 9am-12pm (\$50). Pitching will be from 1-4 pm (\$60). For registration and more information contact Bill Gray, 417-625-9873.

Elementary Academy

The Elementary Academy is for all softball players in grades 1-7. The one-hour sessions will break down the basic skills of hitting or pitching. Hitters will learn the importance of stance, balance and swing mechanics. Pitchers will work on generating power and accuracy. **CATCHING** is in its second year and will emphasize blocking, framing , throw downs.

Secondary Academy

The Secondary Academy is for all softball players in grades 8-12. No exceptions will be made. The one-hour sessions will break down the skill of hitting from stance, balance and swing mechanics at a more competitive level. The high school athlete will be given instruction on the intricacies of the skill of hitting including: hitting to the opposite field, hitting for power versus average, and the understanding of having a strategy before stepping into the batter's box. Pitching will emphasize the movement of the four primary pitches in the game of fastpitch. Emphasis will also be placed on change of speed. **CATCHING** is new this year and will emphasize blocking, framing , throw downs and keys to calling a game from behind the plate.

Registration for Elementary Academy

due: October 21, 2010.

Registration for Secondary Academy

due November 24, 2010

Sessions will be capped at 12 participants in each skill.

How it works:

- Players may participate in one hitting and one pitching session per week.
- Sessions will be limited to 12 players to insure individual attention.
- The cost of each session is \$20.
- Players that sign up for the whole four-week session will receive a \$10 discount.
- Players that sign up for multiple sessions in one day will receive a \$5 discount.

Send Registration to:

**Missouri Southern State University
c/o Softball Office
3950 East Newman Rd
Joplin, Missouri 64801**

I/We, the Parents of _____
Herby give my/our approval for her participation in any and all activities of the MSSU camp(s) for which my child is enrolled. I/We do herby waive, release, absolve, indemnify and agree to hold harmless the Camp, its directors and staff. I/We grant permission for her to participate in the Camp and acknowledge that she is physically able to participate in Camp activity. Furthermore, I/We being the parents and or legal guardian of the applicant authorize MSSU and its agents permission to request emergency medical treatment or care as necessary to insure the well being of our dependent.
Signature of parent/guardian _____
Date _____